

Peppermint Lip Balm

(made easy)

Yield: approx. 125 mL (or 4.2 oz)

fills 20 - 23 standard size lip balm tubes

Ingredients:

1 oz beeswax
1 oz coconut oil
1 oz cocoa butter
3 tsp lanolin
1.5 tsp vitamin E oil
1.5 tsp peppermint essential oil

Directions:

1. In a small pot over low heat melt beeswax, coconut oil, cocoa butter, lanolin, and vitamin E oil. (Many people recommend a double boiler, I don't have one and as long as I melt over a low heat I don't have any problems with oils burning.)
2. When the oils and wax are just melted, remove from heat and add the peppermint essential oil.
3. Whisk well with a mini whisk; or my favorite tool, a chopstick designated for this purpose.
4. Pour into jars or containers, use a syringe to easily fill lip balm tubes.

Notes:

- Using a syringe to fill the tubes works really well. The trick is to keep the mixture liquid because you don't want it cooling in your syringe. Keeping the pot on the just-turned-off electric burner worked well for me.

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