

Holiday Spice Soap - Metric

Full recipe notes, including imperial measurements (ounces), and photos at <http://renee.tougas.net/blog/holiday-spice-soap/>

Ingredients

Carrier Oils

675 gm olive oil
675 gm coconut oil
405 gm shea butter
325 gm canola oil
270 gm cocoa butter
195 gm soybean oil
155 gm castor oil

Lye & Water

370 gm lye
1075 gm water

Botanicals

2 tbsp. ground cloves
2 tbsp. cocoa powder

Essential Oils

30 gm rosemary essential oil
60 gm clove essential oil
60 gm orange essential oil

Method

1. Follow usual procedure for soap making. I mixed my oils and lye/water at 120F.

2. Stir till trace. At trace add essential oils.

3. Mix thoroughly, bringing to trace consistency again.

4. Pour half of mixture into molds. Add cocoa powder and ground cloves to remaining mixture in pot and (working quickly) incorporate throughout.

5. Don't panic, but you can't dawdle at this stage or your soap will harden too much in the pot and you won't get as much into your molds.

6. Pour the cocoa/clove mixture over top the first layer.

7. Using a spatula carve figure 8's and S-shaped patterns through the liquid soap to create pretty designs.

Notes



Yield:

After 6 weeks curing, approximately 3,520 grams. If cut into 32 bars, each bar will weigh about 100 grams.

Source: Renee Tougas (Servings: 32 | Yield: approx. 32 95-105 gm bars)
