

3 Step Peppermint Lip Balm

The accompanying how-to video and comments section for this recipe can be [found here](#).

Yields approximately 120 mL (4 oz).

Fills approximately 24 standard size lip balm tubes. How many tubes you fill depends on how much liquid the tubes hold. The tubes I use hold a wee bit more than 1 tsp/5 mL per tube.

Ingredients

30 gm (1 oz) beeswax
30 gm (1 oz) coconut oil
30 gm (1 oz) cocoa butter
3 tsp lanolin
1.5 tsp vitamin E oil
1.5 tsp peppermint essential oil

Directions

1. In a small pot over low heat melt beeswax, coconut oil, cocoa butter, lanolin, and vitamin E oil. Bring to just melted. Do not overheat.
2. Remove from heat and add the peppermint essential oil. Whisk well with a mini whisk; or my favourite tool, a chopstick set aside for this purpose.
3. Pour into jars or containers, use a syringe to easily fill lip balm tubes.

Measurement Note

30 gm is not exactly 1 oz, I've rounded for simplicity. The recipe works equally with either unit of measurement.

Recipe Notes

- Yes, I really do use this much peppermint essential oil.
- Using a syringe to fill the tubes works really well. The trick is to keep the mixture liquid so it's not hardening in your syringe. (If it does, no worries, hot water will melt it.)
- If your mixture starts to harden while you're filling the tubes simply re-melt over low heat and continue filling/pouring.