

Holiday Spice Soap - Imperial

This recipe was prepared in metric measurements and converted to imperial. All quantities are the closest, easily rounded conversion from their metric counterpart.

Full recipe notes, including metric measurements, and photos at <http://renee.tougas.net/blog/holiday-spice-soap/>.

Ingredients

Carrier Oils

- 24 oz olive oil
- 24 oz coconut oil
- 15 oz shea butter
- 12 oz canola oil
- 10 oz cocoa butter
- 7 oz soybean oil
- 4 oz castor oil

Lye & Water

- 13 oz lye
- 38 oz water

Botanicals

- 2 tbsp. ground cloves
- 2 tbsp. cocoa powder

Essential Oils

- 1 oz rosemary essential oil
- 2 oz clove essential oil
- 2 oz orange essential oil

Method

1. Follow usual procedure for soap making. I mixed my oils and lye/water at 120F.

2. Stir till trace. At trace add essential oils.

3. Mix thoroughly, bringing to trace consistency again.

4. Pour half of mixture into molds. Add cocoa powder and ground cloves to remaining mixture in pot and (working quickly) incorporate throughout.

5. Don't panic, but you can't dawdle at this stage or your soap will harden too much in the pot and you won't get as much into your molds.

6. Pour the cocoa/clove mixture over top the first layer.

7. Using a spatula carve figure 8's and S-shaped patterns through the liquid soap to create pretty designs.

Notes



Yield:

After 6 weeks curing, approximately 7.75 lbs. If cut into 32 bars, each bar will weigh about 3.5 - 3.75 ounces.

Source: Renee Tougas (Servings: 32 | Yield: approx. 32 3.5-3.75oz bars)
